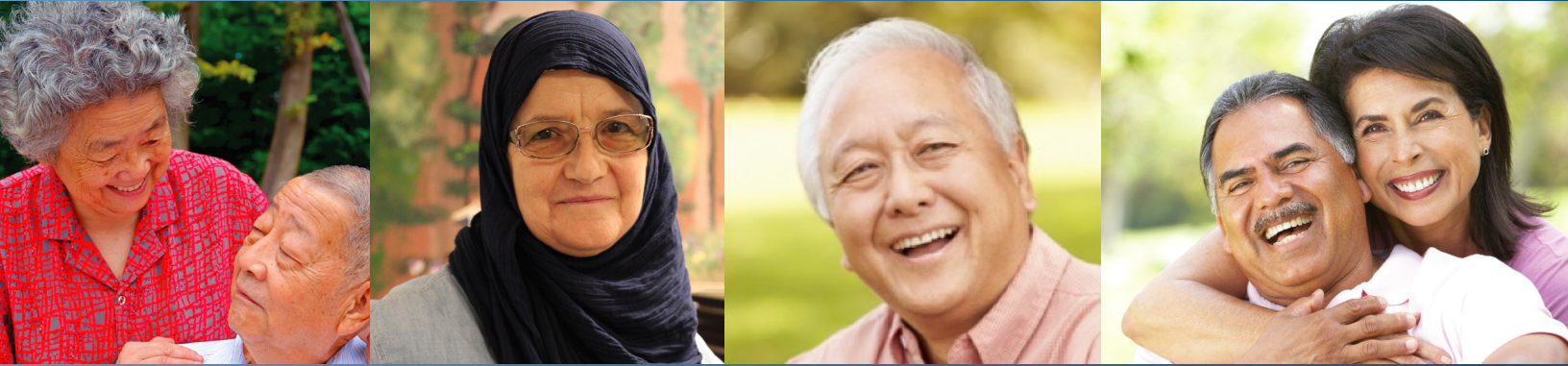


EARLY INTERVENTION SERVICES FOR OLDER ADULTS



MECCA's Early Intervention Services for Older Adults Program targets adults 60 years of age and older who are experiencing the early onset of mental health conditions or those who are at an increased risk of developing mental health conditions. The program reaches out to unserved or under-served older adults who are isolated due to social, cultural and linguistic barriers. The program provides services at no cost.

PROGRAM OVERVIEW

This program aims to:

- Prevent the onset of behavioral health conditions through providing outreach, social support, and treatment to older adults.
- Create and foster healthy and integrated lifestyles; promoting healthy and active aging.
- Improve levels of socialization and functioning, mental health status, and quality of life.

PROGRAM SERVICES

- Educational Classes
- Skill-building Workshops
- Support Groups
- Cultural Awareness and Integration
- Comprehensive Assessments
- Home Visits and Case Management
- Socialization Support and Activities
- Referrals to Resources and Services

For more information, please contact:

MECCA, Multi-Ethnic Collaborative of Community Agencies
www.ocmecca.org 714-202-4750 info@ocmecca.org

COLLABORATIVE AGENCIES

The Multi-Ethnic Collaborative of Community Agencies, MECCA, is a coalition of community-based agencies with a vision of improving the quality of life for under-served multi-ethnic communities.



Our multi-lingual and multi-cultural staff are familiar with a variety of languages, cultures, and customs.

